

1. Name a Christmas song that drives you crazy.
2. Are there any negative emotions that are heightened for you during Christmas?
3. How do emotions make relationships and decisions more complicated?
4. If you were Joseph, what would you have done when you found out Mary was pregnant?
5. What can we learn from Joseph's response?
6. What's the first thing you typically do when you face a difficult or emotional decision? In light of what we talked about, what is the first thing you *need* to do?
7. Do you have a person who can encourage you to look beyond the emotion of the situation? If yes, who? If not, can you think of someone?