

Session 1: *Faith: It Starts at Home*

Video Notes

Bible Journey

▶ Deuteronomy 6:1–3

▶ Deuteronomy 6:4–5

▶ Deuteronomy 6:6–9

Family Night Activity

- You'll find instructions for the **Family Night Activity** suggested in the video and others on **ItStartsAtHome.org**. Try an activity with your family this week and come prepared to talk about how it went next time you meet.

Spiritual Legacy Evaluation (Adapted from *Your Heritage*, by J. Otis Ledbetter and Kurt Brunner)

Go through these questions first on your own, answering them about the family you grew up in. Put the letter G—for “Growing up”—next to the appropriate answer. Now, go back through the questions and put the letter N—for “Now”—next to the way you would answer for your family today.

To what degree were spiritual principles incorporated into daily family life?

- Never
- Rarely
- Sometimes
- Frequently
- Almost always
- Consistently

Which word best captures the tone of how you learned to view/relate to God?

- Absent
- Adversarial
- Fearful
- Casual
- Solemn
- Intimate

How would you summarize your family’s level of participation in spiritual activities?

- Nonexistent
- Rare
- Occasional
- Regimental
- Active
- Enthusiastic

How were spiritual discussions applied in your home?

- They weren't
- To control
- To manipulate
- To teach
- To influence
- To reinforce

What was the perspective in your home with regard to moral absolutes?

- If it feels good, do it!
- There are no absolutes
- Let your heart guide you
- Legalistic rules
- Conservative values
- Clear life boundaries